

# Medical Wellness Forum

March 14-16, 2012 | Los Angeles, CA | L.A. Convention Center



## Medical Wellness Training with Leading Wellness Experts

Hosted by the Medical Wellness Association, March 14,  
with the International IHRSA Conference & Expo.

The Wellness Seminars and interactive sessions provide  
leading medical, nutrition and wellness experts, the latest  
research findings, successful business, marketing,  
screening and program trends.

International Trade Show & Exhibit March 15-16.

Register now at:

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Interactive Sessions on Medical Wellness, Aging, Exercise, Obesity & Nutrition Trends.

Meet our International Medical Wellness Advisors, Coaches & Partners.

MWA Networking: IHRSA Keynote-Opening Reception & Trade Show Exhibits.

**281.313.3040**

[info@medicalwellnessassociation.com](mailto:info@medicalwellnessassociation.com)

# Medical Wellness Forum 2012

Forum at JW Marriott at LA Live LA Convention Center, Los Angeles

**Time                      Program Sessions and Presenters                      March 14, 2012**

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- 8:00 am      The Future for Medical Wellness:** Christopher Breuleux, PhD  
**Wellness, Integrative and Functional Medicine:** Dr. Hyla Cass, MD
- 9:00 am      Active Aging, Integrated & Sports Medicine:** Ray Hall, DC, Dr. Nick Delgado
- 10:00 am      Wellness Care and Working with Providers, Employees and Members**  
Dr. Ann Hawkins, Bruce Underwood, Mike Alpert, Chris Purvis, Tom Nelson
- 11:00 am      Medical Wellness Screenings, Assessments and Referrals**  
Dr. Steve Hellschien, DC, Dr. Gijs van Oort, Dr. Breuleux, Dr. Kevin Steele
- 12:00 pm      Best of Medical Wellness: Awards and Recognition**  
**Medical Wellness Advisor & Partner Networking: Nutrition Break**
- 1:00 pm      Wellness Coaching Trends and Opportunities**  
Dr. Michael Arloski, Dr. Meg Jordan, Jim Strohecker, Roger Jahnke OMD
- 2:00 pm      Exercise and Wellness as Medicine:** Dr. Jason Conviser
- 3:00 pm      Wellness Rx: Culinary Medicine and Dieting in the Age of Obesity: ChefMD**  
Dr. John La Puma, MD, FACP
- 4:00 pm      Nutrition and Obesity Programs, Medical Nutrition Updates & Trends: Panel**
- 4:30 pm      Best of Medical Wellness Programs: Interactive Discussion Groups**
- Active Aging, Medical Wellness in Clubs, Companies and Healthcare, Therapy, Sports Medicine/Performance, Nutrition & Obesity Programs, Supplements, Working with Doctors: Partnering for Profit, Health & Wellness Coaching, Screening Technology, Equipment, Facility, Jobs, Certifications & Training**
- Medical Wellness Advisers Including:** Dr. Roger Jahnke, Dr. Brian Sekula, Dr. Jim Bell, Dr. Hall, Jim Strohecker, Tom Nelson, Chris Purvis, Dan Faust, Dr. Jason Wong, Dr. Chaturvedi, Amy Blansit, Dr. Kevin Steele, Mike Stojkovic, Jeff Randall
- 6:00 pm      Practically Radical: Transforming your Company and Challenging Yourself**  
William Taylor, IHRSA Keynote Address
- 8:00 pm      International Reception: Professional Networking with IHRSA & MWA**
- 11- 6 pm      March 15 & 16: IHRSA International Trade Show: LA Convention Center**

**[Register Now! Medical Wellness Forum for \\$199](#)**

**Hosted by: [The Medical Wellness Association](#)**



# **2012 Medical Wellness Forum**

## **Medical Wellness Forum Faculty & Presenters**

**Mike Alpert, President and CEO, The Claremont Club**

**Dr. Michael Arloski, CEO, Real Balance Global Wellness, PCC, CWP, CIIS**

**Dr. James Bell, President, IFPA and Doctors Fitness Centers**

**Amy Blansit, MA, President, American College of Wellness**

**Christopher Breuleux, PhD, President, The Medical Wellness Association**

**Dr. Hyla Cass, MD, Psychiatrist and Integrative Medicine Author, UCLA**

**Dr. Jason Conviser, President and CEO, One Small World**

**Dr. Nick Delgado, Principal, The Delgado Protocol**

**Dr. Raymond Hall, DC, Santa Monica Orthopedic and Sports Medicine Group**

**Dr. Ann Hawkins Hood, President, Global WellCare**

**Dr. Steve Henschien, DC, Founder, Cardio Crusaders**

**Dr. Meg Jordan, Chair Integrative Health, California Institute of Integral Studies**

**Dr. Roger Jahnke, OMD, CEO, Health Action**

**Tom Nelson, MA, Vice President Business Development, Club One**

**Dr. Gijs van Oort, CEO, Pactiva Health and Healthcare Access San Antonio**

**John La Puma, MD, FACP, ChefMD®**

**Chris Purvis, PT, MS, President-Founder, Peak Performance Physical Therapy**

**Dr. Brian Sekula, President, Health Performance Institute**

**Jim Strohecker, President-Founder, HealthWorld Online**

**Dr. Kevin Steele, Principal, Communication Consultants**

**Dr. Bruce Underwood, Principal, Healthy Futures**

